



Bellingham Middle School

A Specialist Sports College

Inspiring Learning

PHYSICAL EDUCATION 2016-2017 SCHEMES OF WORK OVERVIEW

	YEAR FIVE	YEAR SIX	YEAR SEVEN	YEAR EIGHT	EXTRA CURRICULAR
AUTUMN 1	Team building Mini-soccer	Team building Football	Team building Football	Team building Football	
AUTUMN 2	Rugby (touch) Basketball X-Country	Rugby (touch) Basketball X-Country	Rugby (flag) Basketball X-Country	American Football (touch) Basketball X-Country	
SPRING 1	Floor Hockey Gymnastics Dance	Floor Hockey Gymnastics Dance	Hockey Gymnastics Dance Volleyball	Hockey Gymnastics Dance Volleyball	
SPRING 2	Gymnastics Lacrosse Short Tennis	Gymnastics Handball Lacrosse	Handball Orienteering Badminton	Handball Orienteering Geocaching Badminton	
SUMMER 1	Athletics Rounders Softball Short Tennis	Athletics Orienteering Short Tennis	Athletics Tennis Quick Cricket	Athletics Tennis Quick Cricket	
SUMMER 2	Athletics Rounders Softball	Athletics Rounders Softball	Athletics Rounders Softball	Athletics Rounders Softball	